

## Packing List Camp Unleashed Blue Ridge Camp Timberlake Marion, NC

October in western North Carolina is a glorious month—generally pleasant, warm and sunny during the day, and cooler at night. Temperatures during the day average in the mid to high 60's but can be warmer or cooler, and evenings are cool, in the high 40's to low 50's. Pack a rain jacket, long pants and a sweatshirt/fleece for morning and evening activities, a warmer jacket in case it gets cold at night, shorts and lighter clothes for warmer afternoons to make your stay more comfortable.

Be sure to pack the appropriate footwear for hiking. The trails are not paved so hiking boots or sturdy shoes are strongly recommended.

All cabins have electricity and indoor bathrooms and showers. The cabins are typical summer camp with bunk beds so you may want to bring a foam topper or an air mattress if you need more comfort.

Bring a space heater or electric blanket if you tend to get cold at night.

Please note the cabin doors and windows are screened, but there are no windows. You may find it a bit more cozy to cover the windows and screen doors with sheets or pillow cases. Please use painters tape (no nails, tacks or push pins please!!) to temporarily hang window coverings.

If you dog is crated at home, please bring that crate with you. If your dog is not currently crated at home and you wish to use a crate at camp, please introduce the space to your dog prior to camp. Contact us for advice *before camp*!

If you do not crate your dog, it is strongly recommended that you bring a baby gate or X pen that will open to 3 feet to contain your pup inside your assigned cabin.

Also bring folding camp chairs for your cabin as well as metal containers with strong lids for food and treats.

Late evenings can be dark so we strongly advise that you bring a flashlight. It's also recommended that you bring a reflective collar or collar with a night light for your dog. It will help you keep track of his/her whereabouts at night.

The next several pages provide you with our recommended packing lists.

#### Packing List For Humans

- Bed sheets, sleeping pillow and blanket (or sleeping bag if you prefer with just a bottom sheet). Bunk beds are typically twin, but larger sheets work better.
- Fleece throw for added warmth
- Towels
- Flashlight & batteries (ESSENTIAL FOR EVENINGS)
- Personal toiletries: toothbrush, toothpaste, shower cap, soap, shampoo, etc. and hair dryer if you use one
- Insect and tick repellent
- Shower shoes
- Outdoor footwear sneakers, comfortable sandals or sturdy shoes for hiking
- An extra pair of sturdy water shoes
- Socks/underwear
- Tee shirts/shorts
- Long pants, long sleeve tee shirts
- Sweatshirt and/or light jacket (windbreaker) for evenings
- Rain poncho and umbrella (just in case)
- Sunscreen protection, sunglasses, sun hat or visor
- Swim suit and beach towel especially if you have a dog that loves the water!
- Daypack for carrying around stuff while leaving your hands free
- Alarm clock
- Printed out version of your General Information

#### TIPS FOR ALL CAMPERS

Optional comforts that may make your stay more enjoyable:

- Inflatable air mattress (cabins are large enough to accommodate any size).
- Earplugs, if snoring bothers you
- Small fan if you are worried about heat
- Space heater if you are sensitive to cold
- Multi outlet plug and extension cord
- Reusable travel mug container for coffee and beverages
- Water Bottle
- 2 or 3 extra pillowcases and Painters Tape (to use as curtains on the windows for

privacy)

- Binoculars if you like bird watching
- Digital Camera (and its Manual) for those many unforgettable moments!
- Battery Charger for camera batteries
- Folding, portable beach chairs if you like lounging
- Laundry bag or poly trash bag for wet dog towels and dirty laundry.

### Packing List For Your Dog

- Your dog's regular food; you want to pack extra! They get very hungry during camp!! Store the food in metal container with tight fitting lid. If you feed raw or need to refrigerate dog food, securely seal it and label the containers.
- Water and feeding bowls for your dog
- Dog floor mat, towel or blanket for your dog during indoor workshops
- Dog bed (unless your dog prefers to sleep on the bed with you)
- Crate if you use only if you currently use one at home. This is NOT the time to introduce changes to your dog's routine!
- Ex Pen or other barrier to separate your cabin from shared bath
- Treats and treat or bait bag. Pack more treats than you think you will need!
- Treat bag
- Water bottle holder or folding water bowl for hikes
- Poop Bags it is up to all of us to keep camp clean so we will be welcomed back for more camps
- Dog towels and brush/comb. "Aqua Dry" available in auto supply departments offers an inexpensive, small, reusable towel that comes in its own storage tube and works quickly on longhaired dogs!
- Flotation vest for canoeing and water classes if you own one
- Can opener if you use canned dog food
- ID tag with your cell phone number
- Dog's ID please include your cell phone on the ID tag
- Rabies Tag
- Dog health records
- Safety light for collar or reflective collar for evening visibility
- Medications and/or supplements
- Benadryl (1mg per pound) this is for any potential reaction you dog may experience
- Limited slip collar or martingale
- Long line!!
- 6 Foot lead

**Dog Food:** Since what we feed our dogs is so individualized, we will not be providing meals for dogs. There is refrigerated storage available open 24/7. Please seal and label your dog's packages to avoid confusion with other campers' items.

**Dog Treats:** For training purposes, you'll want to bring lots of soft high-reward type treats such as frankfurters, turkey, cheese etc. that you can cut into very tiny slices or pieces.

You will use treats as rewards in many of the classes.

Dogs will get bored with the same old same, but will become excited about something different

like dehydrated turkey hearts or tripe. Think VARIETY! The smellier, the better!

We don't want them getting bored of treats. Check out OMA's Pride or Knawty Dogs for freeze dried treats you can order online. Maizee recommends the tripe!!!

**Dog Bed:** If your dog doesn't sleep in bed with you, bring whatever your dog likes to sleep on. Dogs accustom themselves to their new environment more quickly if there's a bed or mat that they regularly use and that has their scent. If your dog does sleep on the bed with you or on another camp bed, please make sure that the bed is protected by a sheet or blanket.

**Dog Training Equipment:** Collars, leashes, clickers if you use them, Frisbees, long lines, whatever you use at home.

**Dog Toys:** Bring whatever your dog likes, including a water retrieving toy if you want to try any of the canine water sports. Helpful Tip: Bring along a small squeaky toy that your dog reacts to and that you can carry with you; it's useful if you need to get their attention quickly or distract them momentarily.

**Extra Car Key:** Whenever you travel with your dog, a good safety precaution is to keep an extra key around your neck on a cord or in a magnetic box somewhere under your car. This is just in case you accidentally lock your dog inside.

# PLEASE

### NO E-COLLARS, NO SHOCK COLLARS, NO RETRACTABLE LEADS (Flexi-lead, etc.) NO CHAIN OR PRONG COLLARS

These are dangerous to both people and dogs

Camp Unleashed staff and instructors are committed to 100% positive reinforcement for our dogs. No negative reinforcement methods nor equipment are tolerated. Ever.

#### **Questions?**

Contact the team at campunleashedllc@gmail.com for further assistance.