



## **What to Bring**

Weather in early September in the foothills of the Poconos is generally pleasantly warm and sunny during the day and cooler at night. Temperature average for this period is a high of 75 degrees and a low of 50 degrees. It's generally dry but you should bring a rain poncho and umbrella just in case. While you may need long pants and a sweatshirt for the morning hike, by afternoon you will most likely want to change into shorts and lighter clothes.

We recommend you bring a reflective collar or collar with a night light collar for your dog. It will help you keep track of his/her whereabouts at night since it will be dark across the camp property.

## **Packing List**

### **For You**

- Bed sheets, sleeping pillow and blanket (or sleeping bag if you prefer with just a bottom sheet). Bunk beds are typically twin, but larger sheets work better.
- Towels
- Flashlight & batteries (ESSENTIAL FOR EVENINGS)
- Personal toiletries: toothbrush, toothpaste, shower cap, soap, shampoo, etc. and hair dryer if you use one
- Insect and tick repellent
- Shower shoes
- Outdoor footwear – sneakers, comfortable sandals or sturdy shoes for hiking
- An extra pair of sturdy water shoes
- Socks/underwear
- Tee shirts/shorts
- Long pants, long sleeve tee shirts
- Sweatshirt and/or light jacket (windbreaker) for evenings
- Rain poncho and umbrella (just in case)
- Sunscreen protection, sunglasses, sun hat or visor
- Swim suit and beach towel – especially if you have a dog that loves the

water!

- Daypack for carrying around stuff while leaving your hands free
- Alarm clock
- Printed out version of your General Information

TIPS FOR ALL CAMPERS - Optional comforts that may make your stay more enjoyable:

- Inflatable air mattress (cabins are large enough to accommodate any size).
- Earplugs, if snoring bothers you
- Small fan if you are worried about heat
- Reusable travel mug container for coffee and beverages
- Water Bottle
- 2 or 3 extra pillowcases and Painters Tape (to use as curtains on the windows for privacy); windows all have screens. No nails or tacks please.
- Binoculars if you like bird watching
- Digital Camera (and its Manual) for those many unforgettable moments!
- Battery Charger for camera batteries
- Folding, portable beach chairs if you like lounging
- Laundry bag or poly trash bag for wet dog towels and dirty laundry.

### **Packing List For Your Dog**

- Your dog's regular food; you want to pack extra! They get very hungry during camp!! Store the food in metal container with tight fitting lid. If you feed raw or need to refrigerate dog food, securely seal it and label the containers.
- Water and feeding bowls for your dog
- Dog floor mat, towel or blanket for your dog during indoor workshops
- Dog bed (unless your dog prefers to sleep on the bed with you)
- Crate if you use one at home
- Ex Pen or other barrier to separate your cabin from shared bath
- Treats and treat or bait bag. Pack more treats than you think you will need!
- Water bottle holder or folding water bowl for hikes
- Poop Bags – it is up to all of us to keep camp clean so we will be welcomed back for more camps
- Dog towels and brush/comb. "Aqua Dry" available in auto supply departments offers an inexpensive, small, reusable towel that comes in its own storage tube and works quickly on longhaired dogs!
- Flotation vest for canoeing and water classes if you own one
- Can opener if you use canned dog food
- ID tag with your cell phone number
- Dog's ID – please include your cell phone on the ID tag
- Safety light for collar or reflective collar for evening visibility

- Proof of rabies vaccination
- Dog's medications and/or supplements; apply tick prevention treatment before camp
- Benadryl (for any potential reactions your dog could have to stings)

**Dog Treats:** For training purposes, you'll want to bring lots of soft high-reward type treats such as frankfurters, turkey, cheese etc. that you can cut into very tiny slices or pieces. Bring a lot because you'll use them to train with in many of the classes.

**Dog Bed:** If your dog doesn't sleep in bed with you (or is too big for sharing a twin size), then bring whatever your dog likes to sleep on. Dogs accustom themselves to their new environment more quickly if there's a bed or mat that they regularly use and that has their scent.

**Dog Training Equipment:** Collars, leashes, clickers if you use them, Frisbees, long lines, whatever you use at home.

**Dog Toys:** Bring whatever your dog likes, including a water retrieving toy if you want to try any of the canine water sports. **Helpful Tip:** Bring along a small squeaky toy that your dog reacts to and that you can carry with you; it's useful if you need to get their attention quickly or distract them momentarily.

**Extra Car Key:** Whenever you travel with your dog, a good safety precaution is to keep an extra key around your neck on a cord or in a magnetic box somewhere under your car. This is just in case you accidentally lock your dog inside.

**CAMP UNLEASHED PROHIBITS THE USE OF  
E-COLLARS,  
SHOCK COLLARS,  
RETRACTABLE LEADS (Flexi-lead, etc.)  
CHAIN OR PRONG COLLARS**

These can be dangerous to both people and dogs. We are an all positive reinforcement organization and do not use punishment to correct behaviors.

## **More Questions about Camp Unleashed?**

Please visit the FAQ on the Camp Unleashed web site:

<http://campunleashed.com/FAQ.html> or contact [campunleashedllc@gmail.com](mailto:campunleashedllc@gmail.com) for further assistance.

We are happy to answer your questions before camp and give you advice about what to expect!